

$^{153}\text{Tm-1}$

The 2.5 s isomer of ^{153}Tm was first observed in 1989 by M.Kortelahti et al. at Lawrence Berkeley National Laboratory, Berkeley, California ([1989Ko02](#)).

[1989Ko02](#) M. O. Kortelahti, K. S. Toth, K. S. Vierinen, J. M. Nitschke *et al.*, Phys. Rev. C **39**, 636 (1989).

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