

$^{169}\text{Ho-1}$

The 118 μs isomer of ^{169}Ho was first observed in 2010 by G.D.Dracoulis et al. at Argonne National Laboratory, Argonne, Illinois ([2010Dr05](#)).

[2010Dr05](#) G. D. Dracoulis, G. J. Lane, R. O. Hughes, F. G. Kondev *et al.*, Phys. Rev. C **82**, 034317 (2010).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”