

$^{160}\text{Ho-1}$

The 5.02 h isomer of ^{160}Ho was first observed in 1955 by W.E.Nervik and G.T.Seaborg at Lawrence Berkeley National Laboratory, Berkeley, California ([1955Ne03](#)).

[1955Ne03](#) W. E. Nervik and G. T. Seaborg, see keynumber [1955Ne01](#) 97, 1092 (1955).

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