

### <sup>153</sup>Ho-1

Isomerism was first established in <sup>153</sup>Ho by K.S.Toth and R.L.Hahn in 1971 at Oak Ridge National Laboratory, Tennessee ([1971To01](#)). The 9.3 m isomeric level by itself had been measured earlier ([1963Ma17](#)).

[1963Ma17](#) R. D. Macfarlane and R. D. Griffioen, Phys. Rev. **130**, 1491 (1963).

[1971To01](#) K. S. Toth and R. L. Hahn, Phys. Rev. C **3**, 854 (1971).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”