

¹⁴⁸Ho-1

Isomerism was first established in ¹⁴⁸Ho by E.Nolte et al. in 1982 at the Technische Universität München, Munich, Germany ([1982No08](#)). The 9.49 s isomeric level by itself had been measured earlier ([1979To01](#)).

[1979To01](#) K. S. Toth, C. R. Bingham, D. R. Zolnowski, S. E. Cala *et al.*, Phys. Rev. C **19**, 482 (1979).

[1982No08](#) E. Nolte, S. Z. Gui, G. Colombo, G. Korschinek, and K. Eskola, Z. Phys. A **306**, 223 (1982).

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