

$^{168}\text{Dy-1}$

The 0.57 μs isomer of ^{168}Dy was first observed in 2019 by G.X.Zhang et al. at The Institute of Physical and Chemical Research (RIKEN), Wako-shi, Japan ([2019Zh49](#)).

[2019Zh49](#) G. X. Zhang, H. Watanabe, G. D. Dracoulis, F. G. Kondev *et al.*, Phys. Lett. B **799**, 135036 (2019).

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