

¹⁵⁷Dy-1

The 21.6 ms isomer of ¹⁵⁷Dy was first observed in 1970 by J.Borggreen and G.Sletten at the Niels Bohr Institute, Copenhagen, Denmark ([1970Bo02](#)).

[1970Bo02](#) J. Borggreen and G. Sletten, Nucl. Phys. A **143**, 255 (1970).

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