

$^{149}\text{Dy-1}$

The 490 ms isomer of ^{149}Dy was first observed in 1976 by A.M.Stefanini et al. at the Kernforschungsanlage Jülich, Jülich, Germany ([1976St08](#)).

[1976St08](#) A. M. Stefanini, P. Kleinheinz, and M. R. Maier, Phys. Lett. B **62**, 405 (1976).

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