

¹⁵⁶Tb-1

Isomerism was first established in ¹⁵⁶Tb by T.H.Handley and W.S.Lyon in 1955 at Oak Ridge National Laboratory, Tennessee ([1955Ha52](#)). The 5.3 h isomeric level by itself had been measured earlier ([1950Wi13](#)).

[1950Wi13](#) G. Wilkinson and H. G. Hicks, Phys. Rev. **79**, 815 (1950).

[1955Ha52](#) T. H. Handley and W. S. Lyon, Phys. Rev. **99**, 1415 (1955).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”