

### $^{142}\text{Tb-1}$

The 303 ms isomer of  $^{142}\text{Tb}$  was first observed in 1991 by R.B.Firestone et al. at Lawrence Berkeley National Laboratory, Berkeley, California ([1991Fi03](#)).

[1991Fi03](#) R. B. Firestone, J. Gilat, J. M. Nitschke, P. A. Wilmarth, and K. S. Vierinen, Phys. Rev. C **43**, 1066 (1991).

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