

## $^{164}\text{Gd-1}$

The 589 ns isomer of  $^{164}\text{Gd}$  was first observed in 2017 by R.Yokoyama et al. at The Institute of Physical and Chemical Research (RIKEN), Wako-shi, Japan ([2017Yo01](#)).

[2017Yo01](#) R. Yokoyama, S. Go, D. Kameda, T. Kubo *et al.*, Phys. Rev. C **95**, 034313 (2017).

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