

$^{162}\text{Gd-1}$

The 99 μs isomer of ^{162}Gd was first observed in 2021 by E.H.Wang et al. at Oak Ridge National Laboratory, Tennessee ([2021Wa04](#)).

[2021Wa04](#) E. H. Wang, J. M. Eldridge, N. T. Brewer, J. H. Hamilton *et al.*, Phys. Rev. C **103**, 014317 (2021).

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