

$^{149}\text{Pm-1}$

The 35 μs isomer of ^{149}Pm was first observed in 1966 by R.G.Helmer and L.D.McIsaac at the National Reactor Testing Station, Idaho Falls, Idaho ([1966He04](#)).

[1966He04](#) R. G. Helmer and L. D. McIsaac, Phys. Rev. **143**, 923 (1966).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”