

¹⁴¹Pm-1

The 630 ns isomer of ¹⁴¹Pm was first observed in 1975 by M.Budzynsky et al. at the Joint Institute for Nuclear Research, Dubna, Russia ([1975Bu10](#)).

[1975Bu10](#) M. Budzynsky, V. S. Buttsev, K. Y. Gromov, R. Ion-Mikhail *et al.*, Sov. J. Nucl. Phys. **21**, 913 (1975).

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