

$^{160}\text{Nd-1}$

The 1.63 μs isomer of ^{160}Nd was first observed in 2016 by E.Ideguchi et al. at The Institute of Physical and Chemical Research (RIKEN), Wako-shi, Japan ([2016Id02](#)).

[2016Id02](#) E. Ideguchi, G. S. Simpson, R. Yokoyama, Mn. Tanaka *et al.*, Phys. Rev. C **94**, 064322 (2016).

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