

¹⁴²La-1

The 870 ns isomer of ¹⁴²La was first observed in 1983 by C.Chung et al. at Brookhaven National Laboratory, Upton, New York ([1983Ch39](#)).

[1983Ch39](#) C. Chung, W. B. Walters, D. S. Brenner, A. Aprahamian *et al.*, Phys. Rev. C **28**, 2099 (1983).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”