

¹³⁰La-1

The 742 ns isomer of ¹³⁰La was first observed in 2012 by M.J.Taylor et al. at the University of Jyväskylä, Jyväskylä, Finland ([2012Ta18](#)).

[2012Ta18](#) M. J. Taylor, G. A. Alharshan, D. M. Cullen, M. G. Procter *et al.*, Phys. Rev. C **86**, 044310 (2012).

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