

$^{129}\text{La-1}$

The 560 ms isomer of ^{129}La was first observed in 1969 by K.F.Alexander et al. at the Joint Institute for Nuclear Research, Dubna, Russia ([1969A105](#)).

[1969A105](#) K. F. Alexander, W. Neubert, H. Rotter, S. Chojnacki *et al.*, Nucl. Phys. A **133**, 77 (1969).

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