

$^{125}\text{La-1}$

The 390 ms isomer of ^{125}La was first observed in 1999 by G.Canchel et al. at the University of Jyväskylä, Jyväskylä, Finland ([1999Ca21](#)).

[1999Ca21](#) G. Canchel, R. Beraud, E. Chabanat, A. Emsallem *et al.*, Eur. Phys. J. A **5**, 1 (1999).

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