

$^{144}\text{Cs-1}$

The 1.1 μs isomer of ^{144}Cs was first observed in 2009 by T.Rzaca-Urban et al. at the Institut von Laue-Langevin, Grenoble, France ([2009Rz02](#)).

[2009Rz02](#) T. Rzaca-Urban, J. Genevey, T. Materna, W. Urban *et al.*, Phys. Rev. C **80**, 064317 (2009).

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