

$^{109}\text{Ag-1}$

The 39.79 s isomer of ^{109}Ag was first observed in 1946 by A.C.Helmholz at Lawrence Berkeley National Laboratory, Berkeley, California ([1946He04](#)).

[1946He04](#) A. C. Helmholz, Phys. Rev. **70**, 982 (1946).

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