

$^{84}\text{Nb-1}$

The 176 ns isomer of ^{84}Nb was first observed in 2009 by A.B.Garnsworthy et al. at the Gesellschaft für Schwerionenforschung, Darmstadt, Germany ([2009Ga40](#)).

[2009Ga40](#) A. B. Garnsworthy, P. H. Regan, S. Pietri, Y. Sun *et al.*, Phys. Rev. C **80**, 064303 (2009).

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