

$^{110}\text{Nb-1}$

The 94 ms isomer of ^{110}Nb was first observed in 2020 by J.Ha et al. at The Institute of Physical and Chemical Research (RIKEN), Wako-shi, Japan ([2020Ha14](#)).

[2020Ha14](#) J. Ha, T. Sumikama, F. Browne, N. Hinohara *et al.*, Phys. Rev. C **101**, 044311 (2020).

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