

$^{109}\text{Nb-1}$

The 115 ns isomer of ^{109}Nb was first observed in 2011 by H.Watanabe et al. at The Institute of Physical and Chemical Research (RIKEN), Wako-shi, Japan ([2011Wa03](#)).

[2011Wa03](#) H. Watanabe, T. Sumikama, S. Nishimura, K. Yoshinaga *et al.*, Phys. Lett. B **696**, 186 (2011).

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