

$^{104}\text{Nb-1}$

The 4.9 s isomer of ^{104}Nb was first observed in 1976 by H.Ahrens et al. at the Max Planck Institut für Chemie. Mainz, Germany ([1976Ah06](#)).

[1976Ah06](#) H. Ahrens, N. Kaffrell, N. Trautmann, and G. Herrmann, Phys. Rev. C **14**, 211 (1976).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”