

$^{100}\text{Nb-1}$

The 460 ns isomer of ^{100}Nb was first observed in 1970 by J.W.Gruter et al. at the Kernforschungsanlage Jülich, Jülich, Germany ([1970Gr38](#)).

[1970Gr38](#) J. W. Gruter, K. Sistemich, P. Armbruster, J. Eidens, and H. Lawin, Phys. Lett. B **33**, 474 (1970).

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