

## <sup>76</sup>Co-1

The 16 ms isomer of <sup>76</sup>Co was first observed in 2015 by P.A.Soderstrom et al. at The Institute of Physical and Chemical Research (RIKEN), Wako-shi, Japan ([2015So23](#)).

[2015So23](#) P. A. Soderstrom, S. Nishimura, Z. Y. Xu, K. Sieja *et al.*, Phys. Rev. C **92**, 051305 (2015).

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