

$^{32}\text{Na-1}$

The 24 μs isomer of ^{32}Na was first observed in 2023 by T.J.Gray et al. at Michigan State University, East Lansing, Michigan ([2023Gr04](#)).

[2023Gr04](#) T. J. Gray, J. M. Allmond, Z. Xu, T. T. King *et al.*, Phys. Rev. Lett. **130**, 242501 (2023).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”