

²⁵⁷Rf-1

The 4.5 s isomer of ²⁵⁷Rf was first observed in 1997 by F.P.Hessberger et al. at the Gesellschaft für Schwerionenforschung, Darmstadt, Germany ([1997He29](#)).

[1997He29](#) F. P. Hessberger, S. Hofmann, V. Ninov, P. Armbruster *et al.*, *Z. Phys. A* **359**, 415 (1997).

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