

²⁵⁶Rf-2

The 25 μ s isomer of ²⁵⁶Rf was first observed in 2009 by H.B. Jeppesen et al. at Lawrence Berkeley National Laboratory, Berkeley, California ([2009Je01](#)).

[2009Je01](#) H. B. Jeppesen, I. Dragojevic, R. M. Clark, K. E. Gregorich *et al.*, Phys. Rev. C **79**, 031303 (2009).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”