

$^{257}\text{Lr-1}$

The 0.27 s isomer of ^{257}Lr was first observed in 2016 by F.P.Hessberger et al. at the Gesellschaft für Schwerionenforschung, Darmstadt, Germany ([2016He08](#)).

[2016He08](#) F. P. Hessberger, S. Antalic, A. K. Mistry, D. Ackermann *et al.*, Eur. Phys. J. A **52**, 192 (2016).

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