

²⁵³No-1

The 30.3 μ s isomer of ²⁵³No was first observed in 1973 by C.E.Bemis jr. et al. at Oak Ridge National Laboratory, Tennessee ([1973Be33](#)).

[1973Be33](#) C. E. Bemis Jr., R. J. Silva, D. C. Hensley, O. L. Keller Jr. *et al.*, Phys. Rev. Lett. **31**, 647 (1973).

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